



Head Softball Coach Kelly Golden

www.goldenk@lsc.edu

Kelly Golden begins her third season as head coach for the Lakers. Golden attended Edgewater High School where she played volleyball, soccer and softball. She then continued to Lake City Community College on a softball scholarship and received her A.A. After that, Kelly went to Lee University and continued her softball career and received her Bachelor's in Physical Education.

While at Lee University in Cleveland, Tenn., Golden was first-team All-Southern States Athletic Conference and All-Region in 2005 and '06. She also was SSAC Player of the Year, second-team NAIA All-American and first-team National Fastpitch Coaches Association All-American in '05. Golden will also be LSCC's sports information coordinator.

Golden also is currently working with former United States softball Olympian Dr. Dot Richardson with the ProFastpitch X-Treme Softball Tour. She will continue to work for the tour as its activities coordinator.



Assistant /Pitching Softball Coach Cathy Benedict

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A Native of Richmond, British Columbia, Canada, Cathy begins her third season as a pitching coach for the Lakers. Cathy came to Florida her freshman year to Indian River Community College, continued to Lake City Community College and finished her softball career at Thomas University in southern Georgia.

During her Community College years, Cathy received 1st—Team All-Conference. While at Thomas University she won the NAIA National

Championship in 2004 and placed 3rd in 2005. Both years she received 1st-Team NAIA All-American and 1st-Team NFCA All-American. In 2004, she was awarded the National Championship Most Valuable Player (MVP). Cathy has also been honored to play for Canada during the First World University Games.

Cathy recently married Jonathan Benedict and resides in Winter Garden, FL.



Assistant Softball Coach Amber Williams

Amber Williams is a Lake County native. She was a starter for Leesburg High School's varsity softball team for four years as their pitcher and first baseman. Amber was also a member of the volleyball team for three years. After high school, Amber received a scholarship

to pitch for LSCC from 2006-2008, where she earned her AA degree. She will attend UCF in the fall to major in elementary education so she can continue to coach local softball as well as teach. This is Amber's first year coaching at the college level. Her prior coaching experience includes local city league and travel ball teams during her two years playing for LSCC. Currently, Amber is also the pitching coach for Eustis High School.