



The American Psychological Association (APA) style guide is often used by instructors in the social and medical sciences. Although APA is vague about how exactly to format the references page for a student paper, these general guidelines have been adapted from the *Publication Manual of the American Psychological Association*, 6th edition. To avoid plagiarism, cite all sources within the paper using parenthetical references and make sure to have an accurate reference list. The instructions for citing specific types of resources are listed in the following pages along with examples. **Always verify this citation format with your instructor.**

Reference List

All works that are used in the paper and identified by a parenthetical reference require a listing in the References page so that the reader can verify or locate the original source. Follow the basic format outlined below to create your References page:

- ✓ **Page Format:** Start your references page on a new page at the end of your paper, number it consecutively, and use the same font style and size as the rest of the paper. Center the title *References* one inch from the top of the page and double-space between the title and the first entry.
- ✓ **Entries:** Double space the entire reference list. Arrange entries alphabetically. Begin each entry flush with the left margin. Indent all following lines five spaces. Do not number the entries.

Parts of a Citation

- ✓ **Authors:** Most sources will include an author. In APA style authors are formatted as follows:
 - **1 author:** Smith, J.
 - **2 authors:** Smith, J., & Jones, M.
 - **3 authors:** Smith, J., Jones, M., & Johnson, R.
 - **4 authors:** Smith, J., Jones, M., Johnson, R., & Miller, M.
 - **5 authors:** Smith, J., Jones, M., Johnson, R., Miller, M., & Lopez, D. R.
 - **6 authors:** Smith, J., Jones, M., Johnson, R., Miller, M., Lopez, D. R., & Brown, N.
 - **7 or more authors:** Smith, J., Jones, M., Johnson, R., Miller, M., Lopez, D. R., Brown, N., et al.
- ✓ **Dates:** Enclose the date (year first) in parenthesis after the author's name, follow with a period.
 - **Year only:** (2007)
 - **Complete date:** (2007, September 12)
 - **Month/Year:** (2007, September)
 - **Two Months:** (2007, September/October)
- ✓ **Titles:** Titles come after the date. Use the formats below for different types of titles
 - **Titles of Books:** Italicize the title, but do not capitalize any words except the first word, proper nouns and the first word of a subtitle. Example: *Math for meds: Dosages and solutions*
 - **Title of articles, poems, short stories or other short works:** Same capitalization rules as for book titles, but do not italicize. Example: Aging in place: A new model
 - **Title of periodicals:** Italicize the title and capitalize major words. Example: *Journal of Marriage and the Family*
- ✓ **Publication Information:** Give complete place of publication and the publisher. Example: Novi, MI: Gale
- ✓ **Electronic Access Information:** For online resources add a retrieval statement that includes the date of access, the name of the database, or the URL of the website. Example: Retrieved from JSTOR database or Retrieved from <http://www.cdc.gov/nip/flu/Public.htm>

Examples:

Basic Print Examples:

Author's last name, First initial. (year of publication). *Title of book*. City of publication, state or country: Publisher.

Author's last name, First initial. (date of publication). Title of periodical article. *Title of the periodical, volume number, page number(s)*.

Basic Database Examples:

Author, A. (date). Title of article. In *Title of Book* (Vol. no, pages if given). City of publication, ST: Publisher. Retrieved [month dd, yyyy] from [name of database] database.

Author, A. (date). Title of article. [Descriptive information, if any] *Title of Periodical, volume, pages if given*. Retrieved [month dd, yyyy] from [name of database] database.

Book

Gorman, J. M. (1996). *The new psychiatry: The essential guide to state-of-the-art therapy, medication and emotional health*. New York: St. Martin's Press.

Magazine article

Cowley, G. (2000, January 31). Alzheimer's: Unlocking the mystery. *Newsweek*, 135, 46-54.

Journal Article (continuous page numbering)

Lindahl, K. M. & Malik, N. M. (1991). Observations of marital conflict and power: Relations with parenting in the triad. *Journal of Marriage and the Family*, 61, 320-330.

Journal Article (begins each issue on page one)

Add the issue number in parentheses directly after the volume number. In the example below '24(3)' signifies volume 24, issue 3.

Marek, K. D. & Rantz, M. J. (2000). Aging in place: A new model for long term care. *Nursing Administration Quarterly*, 24(3), 1-11.

Newspaper Article

Woodward, C. (2000, April 24). Storm surrounds raid as Elian has quiet Easter. *The Daily Commercial*, p. A1.

Book from database

Brockopp, D.Y. (1995). *Fundamentals of nursing research* [Electronic version]. Boston: Jones & Bartlett Publishers, Inc. Retrieved from netLibrary database.

Magazine Article from database

Kelly, B. (2007, August 27). The story behind the rankings. *U.S. News and World Reports*, 143, 4. Retrieved from General Onefile database.

Journal article from database

Brown, P. (2006). Answers to key questions about childhood leukemia--for the generalist. *Contemporary Pediatrics*, 23(3), 81-84. Retrieved from CINAHL Plus with Full Text database.

Newspaper article from database

Henderson, D. (2006, August 29). FDA to take a harder look at custom blending of drugs. *The Boston Globe*. Retrieved from America's Newspapers database.

Citing an online book (Not from a library database)

Robinson, P. (1993). *Freud and his critics* [Electronic version]. Berkeley: University of California Press. Retrieved from <http://escholarship.cdlib.org/ucpress/robinson.xml>

Citing a chapter from an online book (For books from the netLibrary and xreferplus databases, see the handout Citing Subscription Databases APA Style.)

To cite a chapter from an online book, cite the author of the chapter, followed by "In" and the editor's name and/or the title of the book. If no page numbers are available, use the section or chapter number.

Tell, T. (2000). Guns, gold and grain: War and food supply in the making of Transjordan [Electronic version]. In S. Heydemann (Ed.), *War, institutions, and social change in the Middle East* (chap. 2). Berkeley: University of California Press. Retrieved from <http://escholarship.cdlib.org/uspress/heydemann.xml>

Citing articles from an online journal or magazine based on a print source

Wills, T.A., Sandy, J.M., Yaeger, A., & Shinar, O. (2001, May). Family risk factors and adolescent substance use: Moderation effects for temperament dimensions [Electronic version]. *Developmental Psychology*, 37, 238-297. Retrieved from <http://www.apa.org/journals/dev/dev373283.html>

Citing an article from the online version of a print newspaper

Caldwell, Alicia A. (2003, September 13). Volunteer firefighter faces child sex charge [Electronic version]. *Orlando Sentinel*. Retrieved from <http://www.orlandosentinel.com/news/local/volusia/orl-locmolest13091303sep13.story>

Citing an entire multi-page document created by a private organization

Nuffield Council on Bioethics (2001, November 14). *Stem cell therapy: The ethical issues*. Retrieved from http://www.nuffieldbioethics.org/publications/pp_0000000007.asp

Citing a chapter or section of a multi-page document

When citing a named or numbered part of a document, give the name or number and a direct URL if available.

Thomas Jefferson Monticello Foundation, Research Committee on Thomas Jefferson and Sally Hemmings. (2000, January). Assessment of DNA study. In *Report of the Research Committee on Thomas Jefferson and Sally Hemmings* (section II). Retrieved from <http://www.monticello.org/plantation/dnareport2.html>

Other Citations for Print & Miscellaneous Resources

Books, two to six authors

Curren, A.M., & Munday, L.D. (1995). *Math for meds: Dosages and solutions* (7th ed.). San Diego, CA: W.I. Publications, Inc.

Books with one or more editors as the author

Bullough, B., & Bullough, V.L. (Eds.). (1994). *Nursing issues for the nineties and beyond*. New York: Springer.

An article or chapter in an edited book

Hancock, L. A., Olshansky, E. F., Abrams, M. E., & McCarthy, A. M. (1994). The prenatal period. In C.L. Edelman & C. L. Mandle (Eds.), *Health promotion throughout the lifespan* (pp. 367-406). St. Louis, MO: Mosby.

Excerpt from a book reprinted in another book

Armstrong, P., & Armstrong, H. (2000). Canada's system is a model for health care reform. In J. D. Torr (Ed.), *Health care: Opposing viewpoints* (pp. 157-161). San Diego: CA: Greenhaven Press. (Reprinted from *Universal health care: What the United States can learn from Canadian experience*, by P. Armstrong & H. Armstrong, 1998, The New Press).

Excerpt from a periodical article reprinted in a reference book

Evans, M. S. (2000). The managed care system is not a free market. In J. D. Torr (Ed.), *Health care: Opposing viewpoints* (pp. 102-110). San Diego: CA: Greenhaven Press. (Excerpted from If you're in an HMO, here's why. *Consumer's Research Magazine*, 1997 December).

Periodical article reprinted in a reference book

Marano, H. E. (1999). Love lessons. In L. H. Stone (Ed.), *Selected readings in marriage and family* (pp. 69-74). San Diego, CA: Greenhaven Press. (Reprinted from Love lessons: Six new moves to improve your relationship. *Psychology Today*, 1997 March/April).

Lerner, S. (2000). The harms of having an abortion have been exaggerated. In W. Dudley (Ed.), *Opposing viewpoints in social issues* (pp. 76-83). San Diego, CA: Greenhaven Press. (Reprinted from The truth about abortion and a woman's health. *Glamour*, 1997 November).

Book reviews

Sutherland, S. (1995). Matchmakers [Review of the book *Mental leaps: Analogy in creative thought*]. *Nature*, 373, 572.

If the book review is untitled, use the material in brackets as the title and retain the brackets to show that the material is not the title of the review.

Jenkins, P. (1999). [Review of the book *The culture of fear: Why Americans are afraid of the wrong things*]. *Social Forces*, 78, 845-847.

Encyclopedia and dictionary entries

Blistein E. M. (1994). Humor. In *Encyclopedia Americana* (Vol. 14, pp. 563-564). Danbury, CT: Grolier Inc.

Glanze, W. D., Anderson, K. N., & Anderson, L. E. (Eds.). (1990). *Mosby's medical, nursing and allied health dictionary* (3rd ed.). St. Louis: C.V. Mosby Company.

Pamphlets

California Air Resources Board Research Division. (1994). *Reducing indoor air pollution* [Brochure]. Sacramento, CA: Author.

More Magazine examples

Klien, G. L. & Ziering, R. W. (2000, March-April). Allergies and exercise. *The Saturday Evening Post*, 272, 26+.

Milliam, D. A. & Hadaway, L. C. (2000, April). On the road to successful I. V. starts. *Nursing*, 30, 34-38.

Magazine Articles (no author)

Unscrambling dangerous myths about heart disease. (2000, April). *Nursing*, 30, 51.

More Newspaper articles

When citing newspapers alphabetize works with no author by the first significant word in the title. Precede page numbers for newspaper articles with "p." or "pp."

Cracking genetic code releases floods of knowledge. (2000, June 28). *Orlando Sentinel*, p. A5.

When citing articles that are printed on more than one page, list all the page numbers preceded by "pp."

Lorente, R. (2000, June 28). Deal may let Cuba buy food. *Orlando Sentinel*, pp. A1, A6.

When citing a letter to the editor, add the descriptive label 'Letter to the editor' (enclosed in square brackets) after the title of the letter.

Olson, T. (2000, June 28). Financing for arts [Letter to the editor]. *Orlando Sentinel*, p. A13.

Interviews

Do not cite personal communications in the reference list. These are cited only in the body of the paper. Give the initials as well as the surname of the communicator and provide as exact a date as possible. Personal communications include interviews, telephone communications, letters, memos, and some electronic communications.

D. English (personal communication, April 24, 2000).

Films

- Give the name and the function, in parentheses, of the originator or primary contributor.
- Specify the medium, in brackets, immediately after the title. Some examples of non-print media include film, videotape, audiotape, slides and charts.
- Give the location and name of the distributor. For small, little-known companies, you may provide the complete address.

Hyman, H. (Medical consultant). (1987). *Smoking and lung cancer* [Videotape]. (Available from Films for the Humanities and Sciences, Inc., Box 2053, Princeton, NJ 08543).

Television Broadcast

Smith, J. (Producer). (2009). "Patrick Swayze: The Truth." *20/20* [Television Series]. [With Barbara Walters, Patrick Swayze]. New York: American Broadcasting Company, 2009.

Government reports

National Institute of Mental Health. (1990). *Clinical training in serious mental illness* (DHHS Publication No. ADM-90-1679). Washington, DC: U.S. Government Printing Office.

ERIC Document

Finkelston, Candace. (1999). *Learning library resources by researching Latin American topics*. Meramec, Missouri: St. Louis Community College. (ERIC Document Reproduction Service No. ED430569).

More Examples of Full Text and Abstracts from Subscription Databases**Academic Search Complete (EBSCOhost)**

Greyson, B. (2000). Dissociation in people who have near-death experiences: Out of their bodies or out of their minds? *Lancet*, 355, 460+. Retrieved from Academic Search Complete database.

CINAHL Plus with Full Text (EBSCOhost)

Buckley, L. (2004, December 16). Hand hygiene, standard handwashing vs. alcohol hand rubs. [Evidenced-based care sheet]. Cinahl Information Systems. Retrieved from CINAHL Plus with Full Text database.

Griffiths, K. J. (2005, October). Viral warfare. [CEU]. *Occupational Health*, 57(10), 24-27. Retrieved from CINAHL Plus with Full Text database.

Clinical Pharmacology (EBSCOhost)

Bupropion. (2005, October 30). Gold Standard Multimedia. Retrieved from Clinical Pharmacology database.

Cochrane Library (Wiley Interscience)

Lyrer, P., & Engelter, S. (2003). Antithrombotic drugs for carotid artery dissection. *Cochrane Database of Systematic Reviews*, 3. Retrieved from Cochrane Library database.

CQ Researcher (CQ Library)

New ADD diet study gives hope for non-drug alternatives to Ritalin. (1999, October 22). *The CQ Researcher*, 9, 905-928. Retrieved from CQ Researcher database.

Digital Collection (online book by one author and chapter in edited book)

Burton, D. H. (1995). Clara Barton: In the service of humanity [Electronic version]. Westport: Greenwood Press. Retrieved from Digital Collection database.

Heyman, B. (2005). Health care risk escalators. In R. Bibace, J. D. Laird, K. L. Noller & J. Valsiner (Eds.), *Science and medicine in dialogue: Thinking through particulars and universals* [Electronic Version] (pp 43-61). Westport: Greenwood Publishing Group. Retrieved from Digital Collection Database.

Education Research Complete (EBSCOHost)

Aborn, M. (2006). An intelligent use for belief. *Education*, 127, 83-85. Retrieved from Education Research Complete database.

Part I: Perspectives of musical talent: Chapter 7: Reflections. (2002). *Kindling the spark*. New York: Oxford University Press. Retrieved from Education Research Complete database.

Health & Wellness Resource Center (Gale)

Frey, R. J. (1999). Personality disorders. In D. Olendorf, C. Jeryan, & K. Boyden (Eds.), *Gale encyclopedia of medicine*. Retrieved from Health & Wellness Resource Center database.

Pallikkathayil, L., Crighton, F. & Aaronson, L. S. (1998). Balancing ethical quandaries with scientific rigor. *Western Journal of Nursing Research*, 20, 501. Retrieved Health & Wellness Resource Center database.

Position of the American Dietetic Association: functional foods. (1999). *Journal of the American Dietetic Association*, 99, 1278+. Retrieved from Health & Wellness Resource Center database.

Health Source Nursing Academic Edition (EBSCOhost)

Avison, W. R. (1997). Single motherhood and mental health: Implications for primary prevention. *CMAJ: Canadian Medical Association Journal*, 156, 661. Retrieved from Health Source Nursing Academic Edition database.

Health Source Nursing Consumer Edition (EBSCOhost)

Willett, W. C., & Stampfer, M. J. (2003). Rebuilding the food pyramid. *Scientific American*, 288(1), 64. Retrieved from Health Source Nursing Consumer Edition database.

JSTOR

McConachie, L. G. (1899). The time element in political campaigns. *American Journal of Sociology*, 5, 51-71. Retrieved from JSTOR database.

MEDLINE with Full-Text (EBSCOHost)

Crum, R. M. & Pratt, L. A. (2001). Risk of heavy drinking and alcohol use disorders in social phobia: A prospective analysis. *American Journal of Psychiatry*, 158, 1693-1700. Abstract retrieved from MEDLINE with Full-Text database.

Burton, B.K. (2007). A 12-year old with scoliosis: Marfan syndrome. *Pediatric Annals*, 36, 272 & 274. Retrieved from MEDLINE with Full-Text database.

netLibrary (online book by one author and chapter in edited book)

Hogan, T. P. & Janisse, M. P. (1992). Canada. In V. S. Sexton & J. D. Hogan (Eds.), *International Psychology* [Electronic Version] (pp. 63-74). Lincoln: University of Nebraska Press. Retrieved from netLibrary database.

NewsBank America's Newspapers (Newsbank)

Weiss, R. (2003, October 13). Study finds mind may rule over machine. Implant lets monkeys' thoughts control device. *Orlando Sentinel*. Retrieved from America's Newspapers database.

Nursing Resource Center (Gale)

Stockley, M.A., & Spiwak, A. J. (2004). Blood pressure measurement. In A. J. Senagore (Ed.), *Gale encyclopedia of surgery*. Detroit, MI: Gale. Retrieved from Nursing Resource Center database.

Yuen, K. S. L., Lee, T. M. C., Wai, Y., Liu, H., Edith N. H. Mok, Leonard S.W. Li and Chetwyn C. H. Chan. (2007). Cortical reorganization for response regulation with unilateral thalamic stroke detected by functional MRI. *Neurorehabilitation and Neural Repair*, 21, 467. Retrieved from Nursing Resource Center Database.

OmniFile Full Text Mega (Wilson Web)

Black, R. E. (2001 May). Micronutrients in pregnancy. *British Journal of Nutrition*, 85, S193-S197. Retrieved from OmniFile Full Text Mega database.

Oxford Reference Online Premium (Oxford University Press)

Dunea, G. (2005). Hypertension. In S. Lock, J. M. Last, & G. Dunea (Eds.), *The Oxford companion to medicine*. [Electronic version]. Oxford University Press. Retrieved from Oxford Reference Online Premium database.

Radioactivity. (2005). In J. Daintith (Ed.), *A dictionary of physics*. [Electronic version]. Oxford University Press. Retrieved from Oxford Reference Online Premium database.

Physician's Desk Reference (Thomson Micromedex)

Allegra (Sanofi-Aventis) (fexofenadine hydrochloride) capsules and tablets. (2003, May). In *Physician's desk reference*. [Electronic version]. Thomson Micromedex. Retrieved from PDR Electronic Library database.

PsycArticles (EBSCOhost)

Brisette, I., Scheier, M.F., & Carver, C.S. (2002). The role of optimism in social network: Development, coping, and psychological adjustment during a life transition. *Journal of Personality and Social Psychology*, 82, 102-111. Retrieved from PsycArticles database.

Science Resource Center (Gale)

Harrar, S. (2007, April). Walk off belly fat: Power foods for walkers. *Prevention*, 59, 154. Retrieved from Science Resource Center database.

More Internet Resource Examples

Citing an article from a reference database

Texas. (2001). *The Columbia encyclopedia, 6th ed* [Electronic version]. Retrieved from <http://www.bartleby.com/65/te/Texas.html>

Burke, M.A. (1990). *Distance education and the changing role of the library media specialist*. Retrieved from http://www.ed.gov/databases/ERIC_Digests/ed327221.html

Citing a government site

For government publications, the author is the office that produced the information. If it is not well known, also include the higher office under which it falls. The higher office would come first in the citation.

Centers for Disease Control. (2001). *Flu facts for everyone*. Retrieved from <http://www.cdc.gov/nip/flu/Public.htm>

Department of Health and Human Services. National Institute of Allergy and Infectious Diseases. (2001, June). *Food allergy and intolerances*. Retrieved from <http://www.niaid.nih.gov/factsheets/food.htm>

Citing articles from an Internet-only periodical

Badzedk, L.A., Mitchell, K., Marra, E.E., & Bower, M.M. (1988, December 13). Administrative ethics and confidentiality/privacy issues. *Online Journal of Issues in Nursing*. Retrieved from http://www.nursingworld.org/ojin/topic8/topic8_2.htm

Citing e-mail communications

E-mail communications from individuals should be cited as personal communications, (*APA Manual* 5th ed., p. 214). Cite an e-mail in the text of the manuscript. Do not include it in the reference list.

L. A. Chafez (personal communication, March 28, 1997).

Parenthetical Documentation

Parenthetical documentation is supplemental to the references list, and should be included in the text where you use a particular source. Parenthetical references should briefly identify the source without repeating the full information from the references list. In general, a parenthetical reference includes an author's last name and the page number of the reference. Below are some other guidelines. **Refer to pages 207-214 of the *APA Publications Manual*, 6th edition, for further assistance.**

- ✓ Use a comma between the author's name and the year of publication when citing the entire source.
- ✓ When citing a specific part of a source, follow the year of publication with a comma, the abbreviation for the part, such as p. or chap., and the enumeration.
- ✓ If the source uses paragraph numbers, as is the case with some electronic journals, use the abbreviation par. or pars., or the symbol ¶.
- ✓ When no author is listed, use the first few words (not including initial articles) in the title of the source (as it appears in your references list).

Citing an entire print or non-print work

If you are citing an entire work – whether a book, article, film, or web site – it is usually preferable to mention it in the text rather than as parenthetical documentation. Use the name of the person (author, editor, director, etc.) that begins the entry in your references list. Add the date of publication.

- **Books:** As Ann Waldron (1998) points out, childhood influences are a theme in Welty's work.
- **Journal Articles:** Karen Marek (2000) argues that the elderly often do better in familiar surroundings.

Citing part of a work

- **Books:** Welty uses metaphors often when describing her early experiences (Waldron, 1998, p. 38).
- **Journal Articles:** The fate of MGM may rest largely on the shoulders of its new CEO, whose focus will be to reach a broader market with lower-budget films (Roberts, 2000, par. 3).

Citing a work listed by title

- **Book (or Pamphlet):** Many sources of pollution exist (*Reducing*, 2001, p. 2).
- **Journal Article:** A career in sports is the goal of most college athletes ("Seeing is Believing," p. 37).
- **Electronic Sources:** Although his health continued to be precarious, Vincent often drove himself to paint for long stretches, foregoing food and sleep ("Gogh," 2003, ¶13).

Citing a work listed by corporate author

In the first text citation, use the full name of the group, with an abbreviation (for subsequent entries) in brackets.

- **First Entry:** Textbook challenges have increased 300% in the last five years (People for the American Way [PAW], 2002, p. 6).
- **Subsequent Entries:** Statistics show that in 1998, fifty-two school districts resorted to court orders to remove textbooks from classrooms (PAW, 2002, p. 58).

Citing a work with multiple authors

- **2 or more authors – name both authors each time work is cited:** Air quality is a key factor in predicting the severity of allergies during heavy exercise (Klien & Ziering, 1999, p. 27).
- **3 to 5 authors – name all authors in first entry and in subsequent entries use first author followed by "et al.":**
 - **First Entry:** Allergies can be debilitating (Jones, Ford, Fry, & Mills, 2006, p. 55).
 - **Subsequent Entries:** Allergies can be deadly (Jones et al., 2006, p. 56).
- **6 or more authors – name only the first author followed by "et al.":** Air quality is important in preventing allergies (Smith et al., 2005, p. 66)

Based on *Publication Manual of the American Psychological Association*, 6th ed. Washington, DC: American Psychological Association, 2009.